

**Senior Focus**

1720 El Camino Real Ste 10  
Burlingame, California 94010  
(650) 696-3660  
(650) 696-3633 Fax

- PROGRAMS:** **Adult Day Health** – provides activities, nursing, occupational, speech and physical therapies, and social services.
- Dementia Program (ADCRC)** – provides activities, nursing, occupational and physical therapies in a supervised, structured environment designed for people with memory loss and confusion.
- WHO WE SERVE:** Age 18 and over, resident of San Mateo County. All services are provided without discrimination in regard to race, color, religion, age, sex, national origin, ancestry, or physical or mental handicap.
- HOURS:** 11:30a.m. – 3:30p.m., Monday – Friday  
(we open the doors at 10:45 a.m. for arrivals)
- SCHEDULE:** Participants attend a minimum of 2 days per week. Some attend all five days per week.
- TRANSPORTATION:** Redi Wheels service is available, at no additional cost, for most of San Mateo County, including Daly City and Pacifica. (Exceptions: locations where the ride would routinely exceed one hour, such as the southernmost part of the county and the coastside south of Pacifica.)
- LUNCH:** A hot lunch is served at no additional charge.
- INSURANCE:** Medi-Cal will pay for recipients who meet Medi-Cal's criteria for determining medical necessity for our services.
- The Veterans Administration may pay for veterans who are not eligible for Medi-Cal.
- Medicare and most health insurance plans will not pay for our services because our programs are considered to be long term care (i.e., open ended and ongoing).

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Some long-term care health insurance policies may cover adult day health services – the participant will need to check with his or her plan.

**FEES:** The daily fee for Senior Focus is \$87, which is significantly less than the actual cost per day person per day. A discount may be available based on the individual's income and assets.

**WE CAN ACCEPT PEOPLE WITH THE FOLLOWING:**

- Non-ambulatory
- Requires 1 – 2 person assistance with transfers
- Urinary incontinence
- Oxygen tank
- Blindness
- Deafness
- Does not speak English
- History of wandering
- Needs assistance with feeding
- Needs renal diet
- Needs assistance with toileting

**WE CANNOT ACCEPT PEOPLE WITH THE FOLLOWING:**

- Bowel incontinence on a regular basis even with scheduled toileting
- Requires mechanical lift or full assistance of two staff (i.e., patient is dead weight and can't help at all)
- Unable to sit up 4 hours per day (plus transportation time)
- Assaultive, combative behavior
- Requires total feeding (spoon feeding, tube feeding, suctioning)
- Intermittent catheterization (indwelling Foley catheter is OK)
- IV tube
- Tracheostomy tube

Revised 6/09